ENROLLMENT APPLICATION

INSTRUCTIONS FOR COMPLETING THIS ENROLLMENT APPLICATION

Please make sure you locate the product and plan you are choosing to enroll in **and** your county of residence in the below list to determine the premium you will pay.

If you have questions or need assistance finding your premium, call us at the toll free number listed below and a knowledgeable representative will assist you in understanding your coverage and costs.

Community Blue Medicare HMO Signature

047-001: **$0**
Allegheny, Armstrong, Beaver, Butler, Cambria, Fayette, Greene, Indiana, Lawrence, Washington, Westmoreland

047-002: **$0**
Bedford, Cameron, Clarion, Clearfield, Crawford, Elk, Erie, Forest, Huntingdon, Jefferson, McKean, Mercer, Somerset, Venango, Warren

Community Blue Medicare HMO Prestige

039: **$246**
Allegheny, Armstrong, Beaver, Butler, Cambria, Fayette, Greene, Indiana, Lawrence, Washington, Westmoreland

Community Blue Medicare PPO Signature

038: **$0**
Crawford, Erie, Forest, Lawrence, McKean, Mercer, Potter, Venango, Warren,

Security Blue HMO-POS Standard

045-001: **$200.50**
Allegheny, Armstrong, Beaver, Butler, Cambria, Fayette, Greene, Indiana, Lawrence, Washington, Westmoreland

045-002: **$166.50**
Bedford, Cameron, Clarion, Clearfield, Crawford, Elk, Erie, Forest, Huntingdon, Jefferson, McKean, Mercer, Somerset, Venango, Warren

045-003: **$186.50**
Blair, Potter

Security Blue HMO-POS Deluxe

046-001: **$267.50**
Allegheny, Armstrong, Beaver, Butler, Cambria, Fayette, Greene, Indiana, Lawrence, Washington, Westmoreland

046-002: **$226.50**
Bedford, Cameron, Clarion, Clearfield, Crawford, Elk, Erie, Forest, Huntingdon, Jefferson, McKean, Mercer, Somerset, Venango, Warren

046-003: **$226.50**
Blair, Potter

Community Blue Medicare PPO Distinct

035-001: **$35**
Allegheny, Beaver, Butler, Fayette, Greene, Washington, Westmoreland

035-002: **$35**
Armstrong, Bedford, Cambria, Cameron, Clarion, Clearfield, Elk, Huntingdon, Indiana, Jefferson, Somerset

035-003: **$35**
Crawford, Erie, Forest, Lawerence, McKean, Mercer, Potter Venango, Warren

Security Blue HMO-POS Basic

043-001: **$55**
Allegheny, Armstrong, Beaver, Butler, Cambria, Fayette, Greene, Indiana, Lawrence, Washington, Westmoreland

043-002: **$58.50**
Bedford, Cameron, Clarion, Clearfield, Crawford, Elk, Erie, Forest, Huntingdon, Jefferson, McKean, Mercer, Somerset, Venango, Warren

043-003: **$58.50**
Blair, Potter

Security Blue HMO-POS ValueRx

031: **$64**
Allegheny, Armstrong, Beaver, Butler, Cambria, Fayette, Greene, Indiana, Lawrence, Washington, Westmoreland

044-001: **$59.50**
Bedford, Cameron, Clarion, Clearfield, Crawford, Elk, Erie, Forest, Huntingdon, Jefferson, McKean, Mercer, Somerset, Venango, Warren

044-002: **$59.50**
Blair, Potter

Freedom Blue PPO ValueRx

032: $76

Allegheny, Armstrong, Beaver, Butler, Cambria, Fayette, Greene, Indiana, Lawrence, Washington, Westmoreland

033: $73.50

Bedford, Cameron, Clarion, Clearfield, Crawford, Elk, Erie, Forest, Huntingdon, Jefferson, McKean, Mercer, Somerset, Venango, Warren

Freedom Blue PPO Classic

001: $292.00

Allegheny, Armstrong, Beaver, Butler, Cambria, Fayette, Greene, Indiana, Lawrence, Washington, Westmoreland

002: $255.50

Bedford, Cameron, Clarion, Clearfield, Crawford, Elk, Erie, Forest, Huntingdon, Jefferson, McKean, Mercer, Somerset, Venango, Warren

Freedom Blue PPO Select

022: $171.00

Allegheny, Armstrong, Beaver, Butler, Cambria, Fayette, Greene, Indiana, Lawrence, Washington, Westmoreland

024: $132.50

Bedford, Cameron, Clarion, Clearfield, Crawford, Elk, Erie, Forest, Huntingdon, Jefferson, McKean, Mercer, Somerset, Venango, Warren

_____ Initial here to verify that you understand what the premium is for your plan, product and county.

ENROLLMENT APPLICATION

INSTRUCTIONS FOR COMPLETING THIS ENROLLMENT APPLICATION

Read all of the information carefully and answer the questions to the best of your knowledge.

Print neatly and legibly. If you have questions or need assistance filling out this enrollment application, call us at the toll free number listed below and a knowledgeable representative will assist you. Be sure to sign and date the application and return the top copy. The bottom copy should be retained for your own records.

WAYS TO ENROLL

Mail: Fill out the enclosed application and mail it in the envelope we've provided or mail it to the following address:

Senior Markets
Enrollment Department
P.O. Box 535049
Pittsburgh, PA 15253-9801

Phone: Complete your application over the phone toll-free at **1-866-682-7970** (TTY/TDD users may call **711**) from 8:00 AM to 8:00 PM, seven days a week.

Online: Complete your application online at **www.highmarkbcbs.com/medicare**

In person: Bring your application to a Medicare Options Seminar or other authorized locations. Call the toll-free number to find a meeting in your area.

WPA

STATEMENTS OF UNDERSTANDING AND AUTHORIZATION

By completing this enrollment application, I agree to the following:

I understand that Community Blue Medicare HMO, Security Blue HMO-POS, Community Blue Medicare PPO or Freedom Blue PPO will notify me in writing of my confirmed effective date of enrollment in Community Blue Medicare HMO, Security Blue HMO-POS, Community Blue Medicare PPO or Freedom Blue PPO. I understand that, typically, my effective date will be the first of the month following the month in which Community Blue Medicare HMO, Security Blue HMO-POS, Community Blue Medicare PPO or Freedom Blue PPO receives my completed enrollment application. I understand that I may want to consider not canceling any Medicare supplement plan or Medigap/Medicare Select plan until I am notified in writing of my confirmed effective date in Community Blue Medicare HMO, Security Blue HMO-POS, Community Blue Medicare PPO or Freedom Blue PPO.

Highmark Choice Company is a HMO plan with a Medicare contract. Enrollment in Highmark Choice Company depends on contract renewal. Highmark Senior Health Company is a PPO plan with a Medicare contract. Enrollment in Highmark Senior Health Company depends on contract renewal.

Community Blue Medicare HMO, Security Blue HMO-POS, Community Blue Medicare PPO or Freedom Blue PPO are Medicare Advantage Plans and have contracts with the Federal government. I will need to keep my Medicare Parts A and Part B. I can be in only one Medicare Advantage plan at a time, and I understand that my enrollment in this plan will automatically end my enrollment in another Medicare health plan or prescription drug plan. It is my responsibility to inform you of any prescription drug coverage that I have or may get in the future. I understand that if I don't have Medicare prescription drug coverage, or creditable prescription drug coverage (as good as Medicare's), I may have to pay a late enrollment penalty if I enroll in Medicare prescription drug coverage in the future. If we determine that you owe a late enrollment penalty (or if you currently have a late enrollment penalty), we need to know how you would prefer to pay it. You can pay by mail or Electronic Funds Transfer (EFT) each month. You can also choose to pay your premium by automatic deduction from your Social Security or Railroad Retirement Board (RRB) benefit check each month. People with Limited Incomes may qualify for Extra Help to pay for their prescription drug costs. If eligible, Medicare could pay for 75% or more of your drug costs including monthly prescription drug premiums, annual deductibles, and co-insurance. Additionally, those who qualify will not be subject to the coverage gap or late enrollment penalty. Many people are eligible for these savings and don't even know it. For more information about this Extra Help, contact your local Social Security office, or call Social Security at 1-800-772-1213. TTY users should call 1-800-325-0778.

You can also apply for Extra Help online at www.socialsecurity.gov/prescriptionhelp. If you qualify for Extra Help with your Medicare prescription drug coverage costs, Medicare will pay all or part of your plan premium. If Medicare pays only a portion of this premium, we will bill you for the amount that Medicare doesn't cover. Enrollment in this plan is generally for the entire year. Once I enroll, I may leave this Plan or make changes only at certain times of the year when an enrollment period is available (Example: October 15 – December 7 of every year), or under special circumstances.

Community Blue Medicare HMO, Security Blue HMO-POS, Community Blue Medicare PPO or Freedom Blue PPO serve a specific service area. If I move out of the area that Community Blue Medicare HMO, Security Blue HMO-POS, Community Blue Medicare PPO or Freedom Blue PPO serve, I need to notify the plan so I can disenroll and find a new plan in my new area.

Once I am a member of Community Blue Medicare HMO, Security Blue HMO-POS, Community Blue Medicare PPO or Freedom Blue PPO, I have the right to appeal Plan decisions about payment or services if I disagree. I will read the Evidence of Coverage from Community Blue Medicare HMO, Security Blue HMO-POS, Community Blue Medicare PPO or Freedom Blue PPO when I get it to know which rules I must follow to get coverage with this Medicare Advantage plan. I understand that people with Medicare aren't usually covered under Medicare while out of the country except for limited coverage near the U.S. border. I understand that the Community Blue Medicare HMO, Security Blue HMO-POS, Community Blue Medicare PPO or Freedom Blue PPO marketing

STATEMENTS OF UNDERSTANDING AND AUTHORIZATION (CONTINUED)

materials, such as the Summary of Benefits, present only highlights of plans and options, not details.

I understand that beginning on the date Community Blue Medicare HMO or Security Blue HMO-POS coverage begins, I must get all of my health care from Community Blue Medicare HMO or Security Blue HMO-POS, except for emergency or urgently needed services or out-of-area dialysis services. Services authorized by Community Blue Medicare HMO or Security Blue HMO-POS and other services contained in my Community Blue Medicare HMO or Security Blue HMO-POS Evidence of Coverage document (also known as a member contract or subscriber agreement) will be covered. Without authorization, **NEITHER MEDICARE NOR COMMUNITY BLUE MEDICARE HMO OR Security Blue HMO-POS WILL PAY FOR THE SERVICES.**

I understand that beginning on the date Community Blue Medicare PPO or Freedom Blue PPO coverage begins, using services in-network can cost less than using services out-of-network, except for emergency or urgently needed services or out-of-area dialysis services. If medically necessary, Community Blue Medicare PPO or Freedom Blue PPO provides refunds for all covered benefits, even if I get services out-of-network. Services authorized by Community Blue Medicare PPO or Freedom Blue PPO and other services contained in my Community Blue Medicare PPO or Freedom Blue PPO Evidence of Coverage document (also known as a member contract or subscriber agreement) will be covered. Without authorization, **NEITHER MEDICARE NOR COMMUNITY BLUE MEDICARE PPO OR FREEDOM BLUE PPO WILL PAY FOR THE SERVICES.**

I understand that if I am getting assistance from a sales agent, broker or other individual employed by or contracted with Community Blue Medicare HMO, Security Blue HMO-POS, Community Blue Medicare PPO or Freedom Blue PPO, he/she may be paid based on my enrollment in Community Blue Medicare HMO, Security Blue HMO-POS, Community Blue Medicare PPO or Freedom Blue PPO.

RELEASE OF INFORMATION:

By joining this Medicare health plan, I acknowledge that Community Blue Medicare HMO, Security Blue HMO-POS, Community Blue Medicare PPO or Freedom Blue PPO will release my information to Medicare and other plans as is necessary for treatment, payment and healthcare operations. I also acknowledge that Community Blue Medicare HMO, Security Blue HMO-POS, Community Blue Medicare PPO or Freedom Blue PPO will release my information including my prescription drug event data to Medicare, who may release it for research and other purposes which follow all applicable Federal statutes and regulations. The information on this enrollment form is correct to the best of my knowledge. I understand that if I intentionally provide false information on this form, I will be disenrolled from the plan.

By providing your email address you are allowing for Highmark to contact you by email to provide information about Highmark's current Medicare product offerings, services, and Medicare related events as well as the opportunity to opt in to future email communications from Highmark.

PERSONAL HEALTH INFORMATION

I acknowledge and agree that any "protected health information" (PHI) about me is protected by The Health Insurance Portability and Accountability Act of 1996 (HIPAA) and other privacy laws, and that, in accordance with those laws, Highmark Blue Cross Blue Shield may use and disclose Protected Health Information for payment, treatment and health care operations as described in its Notice of Privacy Practices. I understand that a copy of Highmark Blue Cross Blue Shield's Notice of Privacy Practices is available on Highmark Blue Cross Blue Shield's Web site, or from the Highmark Blue Cross Blue Shield Privacy Department.

PART-D INCOME RELATED MONTHLY ADJUSTMENT AMOUNT

If you are assessed a Part D-Income Related Monthly Adjustment Amount, you will be notified by the Social Security Administration. You will be responsible for paying this extra amount in addition to your plan premium. You will either have the amount withheld from your Social Security benefit check or be billed directly by Medicare or RRB. DO NOT pay Community Blue Medicare HMO, Security Blue HMO-POS, Community Blue Medicare PPO or Freedom Blue PPO the Part D-IRMAA.

HIGHMARK®

AGENT & OFFICE USE ONLY		
Date Received:	Group Number:	Effective Date:
Agent Name:	Agent NPN:	

In which channel was this application received?

❑ Face to Face Consultation ❑ Medicare Options Seminar
❑ Highmark Direct Store ❑ Member Benefits Forum
❑ Pre-set Home Visit ❑ Other

TO ENROLL IN Community Blue Medicare HMO, Security Blue HMO-POS, Community Blue Medicare PPO or Freedom Blue PPO, PLEASE PROVIDE THE FOLLOWING INFORMATION

First Name | Middle Initial (if applicable) | Last Name | Suffix | Sex ❑ Male ❑ Female

Home Address (No P.O. Boxes) | Apt# | City | State | Zip | County

Mailing Address (P.O. Boxes allowed) | Apt# | City | State | Zip | Date of Birth / /

Home Phone (with area code) ( )

Email Address (if applicable)

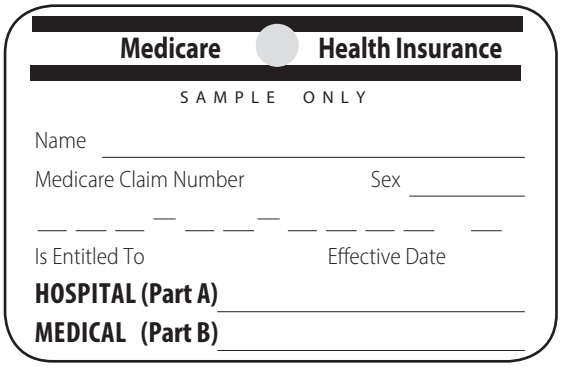
PLEASE PROVIDE YOUR MEDICARE INSURANCE INFORMATION

Please take out your Medicare card to complete this section.

- Please fill in these blanks so they match your red, white and blue Medicare card.

–OR–

- Attach a copy of your Medicare card or your letter from Social Security or the Railroad Retirement Board.



You must have Medicare Part A & Part B to join a Medicare Advantage Plan.

PLEASE CHECK WHICH PLAN YOU WANT TO ENROLL IN

PLEASE DOUBLE CHECK THE PREMIUM FOR YOUR COUNTY ON PAGE 1

Community Blue Medicare HMO
❑ Signature – $____ per month
❑ Prestige – $____ per month

Security Blue HMO-POS
❑ Basic – $____ per month
❑ ValueRx – $____ per month
❑ Standard – $____ per month
❑ Deluxe – $____ per month

Community Blue Medicare PPO
❑ Signature – $____ per month
❑ Distinct - $____ per month

Freedom Blue PPO
❑ ValueRx – $____per month
❑ Select – $____ per month
❑ Classic – $____ per month

PAYING YOUR PLAN PREMIUM

You can pay your monthly plan premium (including any late enrollment penalty that you currently have or may owe) by mail, or Electronic Funds Transfer (EFT) or on the web with eBill each month. You can also choose to pay your premium by automatic deduction from your Social Security or Railroad Retirement Board (RRB) benefit check each month. If you don't select a payment option, you will get a bill each month.

Please select a premium payment option:

Get a bill. Information about EFT and eBill will be included with your first bill.

❑ Monthly ❑ Quarterly ❑ Semi-Annually ❑ Annually

❑ Automatic deduction from your monthly Social Security or RRB benefit check. (The deduction may take two or more months to begin after approval. In most cases, if approved, the first deduction from your benefit check will include all premiums due from your enrollment effective date up to the point withholding begins. If not approved, we will send you a paper bill for your monthly premiums.)

OTHER INSURANCE

1. Are you currently enrolled in a non-Medicare Highmark Blue Cross Blue Shield health plan? .....Yes ❑ No ❑
   If YES, name of plan: _____
2. Will either you or your spouse be employed once enrolled in Community Blue Medicare HMO, Security Blue HMO-POS, Community Blue Medicare PPO or Freedom Blue PPO? .....Self: Yes ❑ No ❑ .....Spouse: Yes ❑ No ❑

Your Retirement Date (Month/Day/Year): _____ Spouse's Retirement Date (Month/Day/Year): _____

Typically, you may enroll in a Medicare Advantage Plan only during the annual enrollment period from October 15 through December 7 of each year. There are exceptions that may allow you to enroll in a Medicare Advantage Plan outside of this period.

Please read the following statements carefully and check the box if the statement applies to you. By checking any of the following boxes, you are certifying that, to the best of your knowledge, you are eligible for an Enrollment Period. If we later determine that this information is incorrect, you may be disenrolled.

Annual Enrollment Period (October 15th through December 7th):

If you are enrolling during the annual enrollment period from October 15th through December 7th of each year, and none of the options below apply, we will automatically process your enrollment as part of the Annual Enrollment Period – you do not need to fill out this page.

NEW TO MEDICARE OR A CHANGE TO YOUR COVERAGE

- ❑ I am new to Medicare.
- ❑ I am enrolled in a Medicare Advantage plan and want to make a change during the Medicare Advantage Open Enrollment Period (MA OEP).
- ❑ I recently had a change in my Medicaid (newly got Medicaid, had a change in level of Medicaid assistance, or lost Medicaid) on _____ (insert date).
- ❑ I was enrolled in a plan by Medicare (or my state) and I want to choose a different plan. My enrollment in that plan started on _____ (insert date).
- ❑ I recently involuntarily lost my creditable prescription drug coverage (coverage as good as Medicare's). I lost my drug coverage on _____ (insert date).
- ❑ I am leaving employer or union coverage on _____ (insert date).
- ❑ My plan is ending its contract with Medicare, or Medicare is ending its contract with my plan.

RECENT CHANGE IN RESIDENCE

- ❑ I recently moved outside of the service area for my current plan or I recently moved and this plan is a new option for me. I moved on _____ (insert date).
- ❑ I recently returned to the United States after living permanently outside of the U.S. I returned to the U.S. on _____ (insert date).
- ❑ I recently was released from incarceration. I was released on _____ (insert date).
- ❑ I recently obtained lawful presence status in the United States. I got this status on _____ (insert date).

CHANGE IN INCOME OR SPECIAL NEEDS/PLAN QUALIFICATIONS

- ❑ I have both Medicare and Medicaid (or my state helps pay for my Medicare premiums) or I get Extra Help paying for my Medicare prescription drug coverage, but I haven't had a change.
- ❑ I recently had a change in my Extra Help paying for Medicare prescription drug coverage (newly got Extra Help, had a change in the level of Extra Help, or lost Extra Help) on _____(insert date).
- ❑ I was affected by a weather-related emergency or major disaster (as declared by the Federal Emergency Management Agency (FEMA). One of the other statements here applied to me, but I was unable to make my enrollment because of the natural disaster.
- ❑ I belong to a pharmacy assistance program provided by my state.
- ❑ I recently left a PACE program on _____ (insert date).
- ❑ I am moving into, live in, or recently moved out of a Long-Term Care Facility (for example, a nursing home or long term care facility). I moved/ will move into/ out of the facility on _____ (insert date).
- ❑ I was enrolled in a Special Needs Plan (SNP) but I have lost the special needs qualification required to be in that plan. I was disenrolled from the SNP on _____ (insert date).

If none of these statements applies to you or you're not sure, please contact Community Blue Medicare HMO, Security Blue HMO-POS, Community Blue Medicare PPO or Freedom Blue PPO at 1-866-682-7970 (TTY users should call 711) to see if you are eligible to enroll. We are open Monday through Sunday, 8:00 a.m. to 8:00 p.m.

Will you have any Health Insurance and/or Prescription Drug Coverage other than Community Blue Medicare HMO, Security Blue HMO-POS, Community Blue Medicare PPO or Freedom Blue PPO or Medicare that will continue after your enrollment?. . . . . Yes ❑ No ❑

If YES, please complete the enclosed "Other Insurance Addendum" and return with your completed application.

READ AND ANSWER THESE IMPORTANT QUESTIONS

Please choose the name of a Primary Care Provider (PCP), clinic or health center.

Name of Provider (recommended)	PCP/NPI # (from the enclosed Provider Directory)

The Community Blue Medicare HMO, Security Blue HMO-POS, Community Blue Medicare PPO and Freedom Blue PPO provider directory is available in a CD-ROM format for your computer. Please check here to receive your provider directory in CD-ROM. ❑

Are you currently enrolled in another Medicare Advantage plan? *(Confirmed enrollment in Community Blue Medicare HMO, Security Blue HMO-POS, Community Blue Medicare PPO or Freedom Blue PPO means you will be automatically disenrolled from your current Medicare Advantage plan.)*. . . . . Yes❑ No ❑

Do you have End-Stage Renal Disease? . . . . . Yes ❑ No ❑
If YES, then you are not eligible to enroll UNLESS you are already a non-Medicare Highmark Blue Cross Blue Shield member or enrolled with ESRD in a Medicare Advantage plan that has withdrawn from your coverage area. If you have had a successful kidney transplant and/or you don't need regular dialysis any more, please attach a note or records from your doctor showing you have had a successful kidney transplant or you don't need dialysis, otherwise we may need to contact you to obtain additional information.

Are you enrolled in your State Medicaid program? . . . . . Yes ❑ No ❑
If "YES," please provide your Medicaid Number: _____

Are you a resident in a long term care facility such as a nursing home? . . . . . Yes ❑ No ❑
If "YES," please provide the following information:

Name of Institution: _____

Address and Phone Number of Institution (number and street): _____

STOP! **Please read this important information. If you currently have health care coverage from an employer or union, joining Community Blue Medicare HMO, Security Blue HMO-POS, Community Blue Medicare PPO or Freedom Blue PPO could affect your employer or union health benefits. You could lose your employer or union health coverage if you join Community Blue Medicare HMO, Security Blue HMO-POS, Community Blue Medicare PPO or Freedom Blue PPO. Read the communications your employer or union sends you.**

If you have questions, visit their Web site or contact the office listed in their communications. If there isn't any information on whom to contact, your benefit administrator or the office that answers questions about your coverage can help.

READ AND SIGN BELOW

I understand that my signature (or the signature of the person authorized to act on my behalf under the laws of the State where I live) on this application means that I have read and understand the contents of this application. If signed by an authorized individual (as described above), this signature certifies that: 1) this person is authorized under State law to complete this enrollment and 2) documentation of this authority is available upon request by Community Blue Medicare HMO, Security Blue HMO-POS, Community Blue Medicare PPO or Freedom Blue PPO, or by Medicare.

Signature	Today's Date

If you are the authorized representative, you must sign above and provide the following information:

Name: _____ Phone Number: _____

Address: _____ Relationship to Enrollee: _____

UPON RECEIPT OF YOUR APPLICATION, A COPY WILL BE RETURNED FOR YOUR RECORDS

Please check one of the boxes below if you want us to contact you about receiving information in a language other than English or in an accessible format:

❑ I would like to receive my materials in a language other than English.

❑ I would like to receive my materials in an accessible format (Braille, Large Print, Etc.)

Please contact Community Blue Medicare HMO, Security Blue HMO-POS, Community Blue Medicare PPO or Freedom Blue PPO at **1-866-682-7970** (TTY users should call 711) to inquire about materials in an accessible format, a language other than English, or for telephone translation services. Our office hours are 8 AM - 8 PM, Monday to Sunday.

HIGHMARK.

An Independent Licensee of the Blue Cross and Blue Shield Association

Discrimination is Against the Law

The Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. The Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. The Plan:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact the Civil Rights Coordinator.

If you believe that the Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Civil Rights Coordinator, P.O. Box 22492, Pittsburgh, PA 15222, Phone: 1-866-286-8295, TTY: 711, Fax: 412-544-2475, email: CivilRightsCoordinator@highmarkhealth.org. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201
1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-844-679-6930.

ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al 1-844-679-6930.

请注意：如果您说中文，可向您提供免费语言协助服务。

請致電 1-844-679-6930 。

CHÚ Ý: Nếu quý vị nói tiếng Việt, chúng tôi cung cấp dịch vụ hỗ trợ ngôn ngữ miễn phí cho quý vị. Xin gọi số 1-844-679-6930.

ВНИМАНИЕ: Если вы говорите по-русски, вы можете воспользоваться бесплатными услугами языковой поддержки. Звоните 1-844-679-6930.

Geb Acht: Wann du Deitsch schwetzscht, kannscht du en Dolmetscher griege, un iss die Hilf Koschdefrei. Kannscht du 1-844-679-6930 uffrufe.

알림: 한국어를 사용하시는 분들을 위해 무료 통역이 제공됩니다. 1-844-679-6930 로 전화.

ATTENZIONE: se parla italiano, per lei sono disponibili servizi di assistenza linguistica a titolo gratuito. Chiamare l'1-844-679-6930 .

تنبيه: إذا كنت تتحدث اللغة العربية، فهناك خدمات المعاونة في اللغة المجانية متاحة لك. اتصل على الرقم 1-844-679-6930.

ATTENTION: Si vous parlez français, les services d'assistance linguistique, gratuitement, sont à votre disposition. Appelez au 1-844-679-6930.

ACHTUNG: Wenn Sie Deutsch sprechen, steht Ihnen unsere fremdsprachliche Unterstützung kostenlos zur Verfügung. Rufen Sie 1-844-679-6930.

ધ્યાન આપશોઃ જો તમે ગુજરાતી ભાષા બોલતા હો, તો તમને ભાષા સહાયતા સેવાઓ, મફતમાં ઉપલબ્ધ છે. 1-844-679-6930 નંબર પર ફોન કરો .

UWAGA: Dla osób mówiących po polsku dostępna jest bezpłatna pomoc językowa. Zadzwoń 1-844-679-6930.

ATTENTION: Si c'est créole que vous connaissez, il y a un certain service de langues qui est gratis et disponible pour vous-même. Composez le 1-844-679-6930.

ប្រការចងចាំ៖ បើលោកអ្នកនិយាយ ភាសាខ្មែរ ហើយត្រូវការសេវាកម្មជំនួយផ្នែកភាសាដែលអាចផ្តល់ជូនលោកអ្នក ដោយឥតគិតថ្លៃ។ ការហៅ 1-844-679-6930 ។

ATENÇÃO: Se a sua língua é o português, temos atendimento gratuito para você no seu idioma. Ligue para 1-844-679-6930.

ATENSYON: Kung nagsasalita ka ng Tagalog, may makukuha kang mga libreng serbisyong tulong sa wika. Tumawag sa 1-844-679-6930 .

注：日本語が母国語の方は言語アシスタンス・サービスを無料でご利用いただけます。1-844-679-6930 を呼び出します。

توجه: اگر شما به زبان فارسی صحبت می کنید، خدمات کمک زبان رایگان با تماس با شماره 1-844-679-6930. موجود است.

BAA ÁKONÍNÍZIN: Diné k'ehgo yáníłti'go, language assistance services, éí t'áá níík'eh, bee níká a'doowoł, éí bee ná'ahóót'i'. Kojį' hodíilnih 1-844-679-6930.